



**WORLD BREWING CONGRESS**

August 13–17, 2016 • Denver, Colorado, U.S.A.

#ElevateBeer

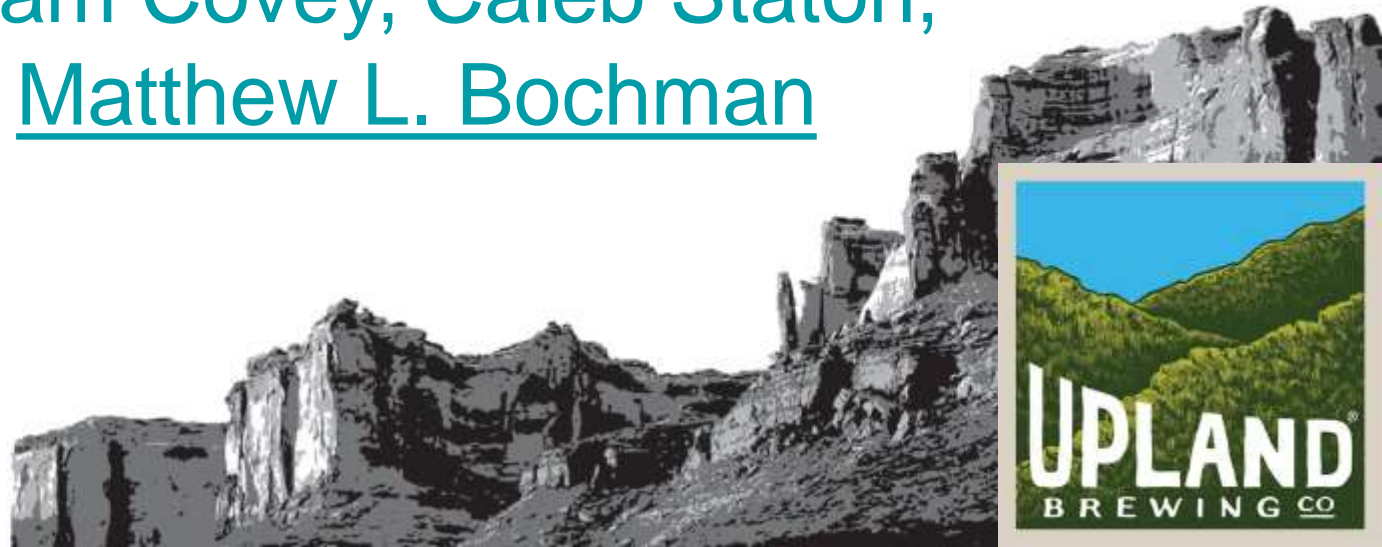


# Terminal acidic shock inhibits sour beer bottle conditioning by *Saccharomyces cerevisiae*

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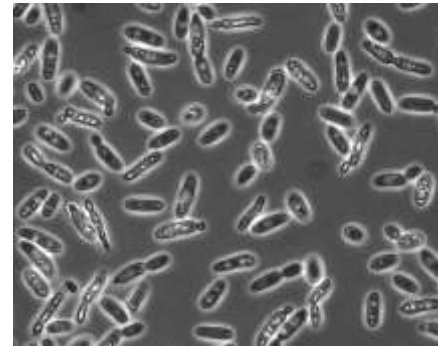
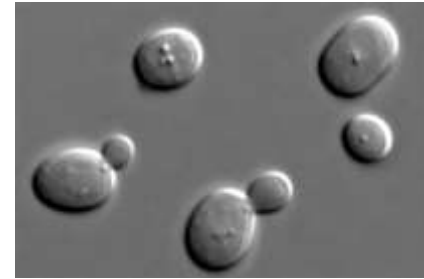
INDIANA UNIVERSITY





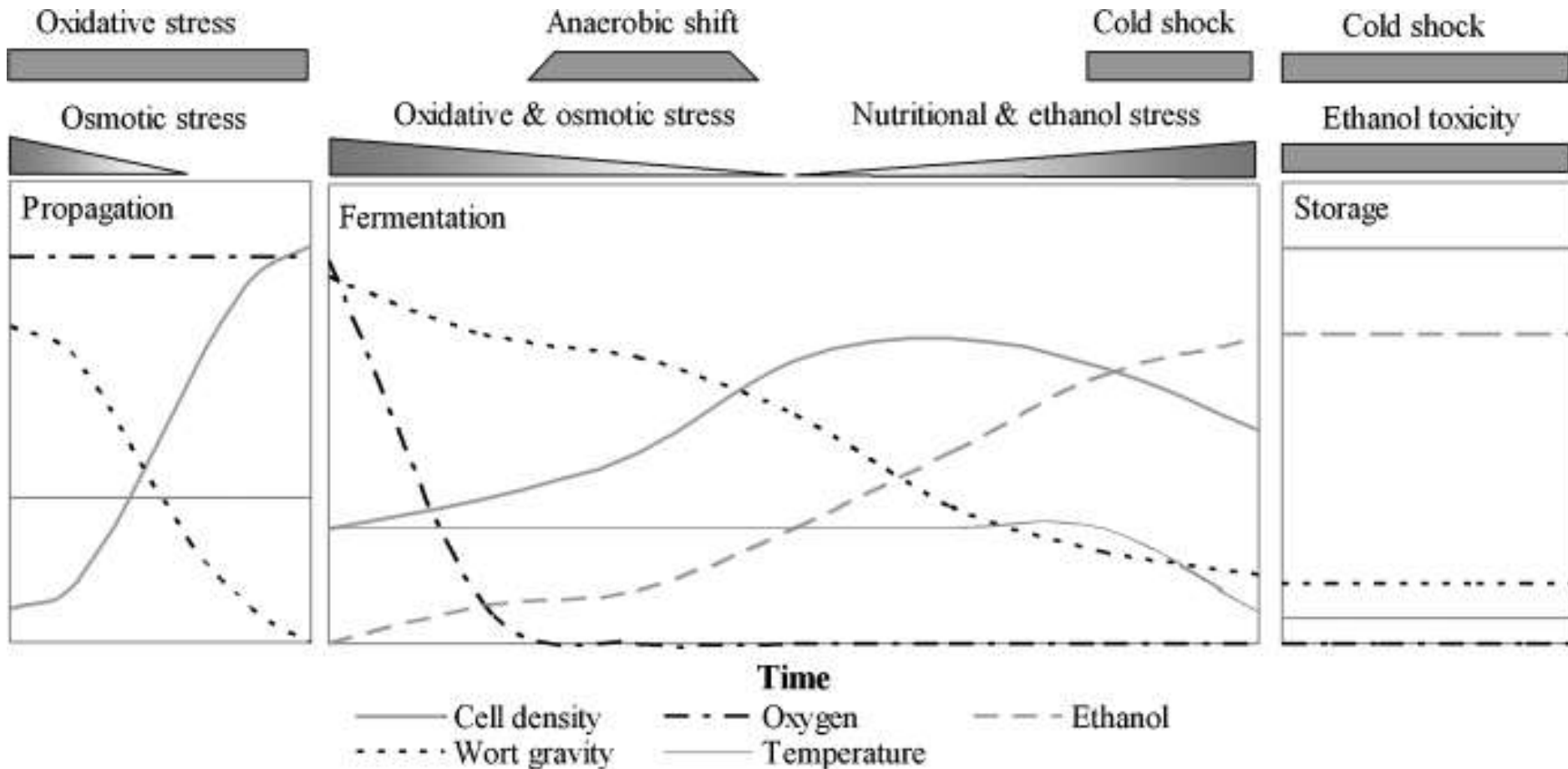
# Sour beers are an ancient beer style

- Lambics
- Oud bruins
- Flander's red ales
- Goses
- Berliner weiss
- American wild ales





# Beer is a stressful environment





# Sour beers are even more stressful

- Lower pH (lactic and acetic acid)
  - >0.8% lactic acid
  - >0.05% acetic acid
  - pH = 3-4
- Barrel aging
  - Tannins
- Fruit, herb/spice, and other additions
  - Phytochemicals

} Decrease fermentation efficiency





# Cauldron by Upland Brewing Co.



<https://twitter.com/uplandbrewco/status/537652344750485504>

- Blend of American wild ale and Flander's red ale
- Aged on Montmorency cherries in oak
- **Won't bottle condition**
- **Why?**



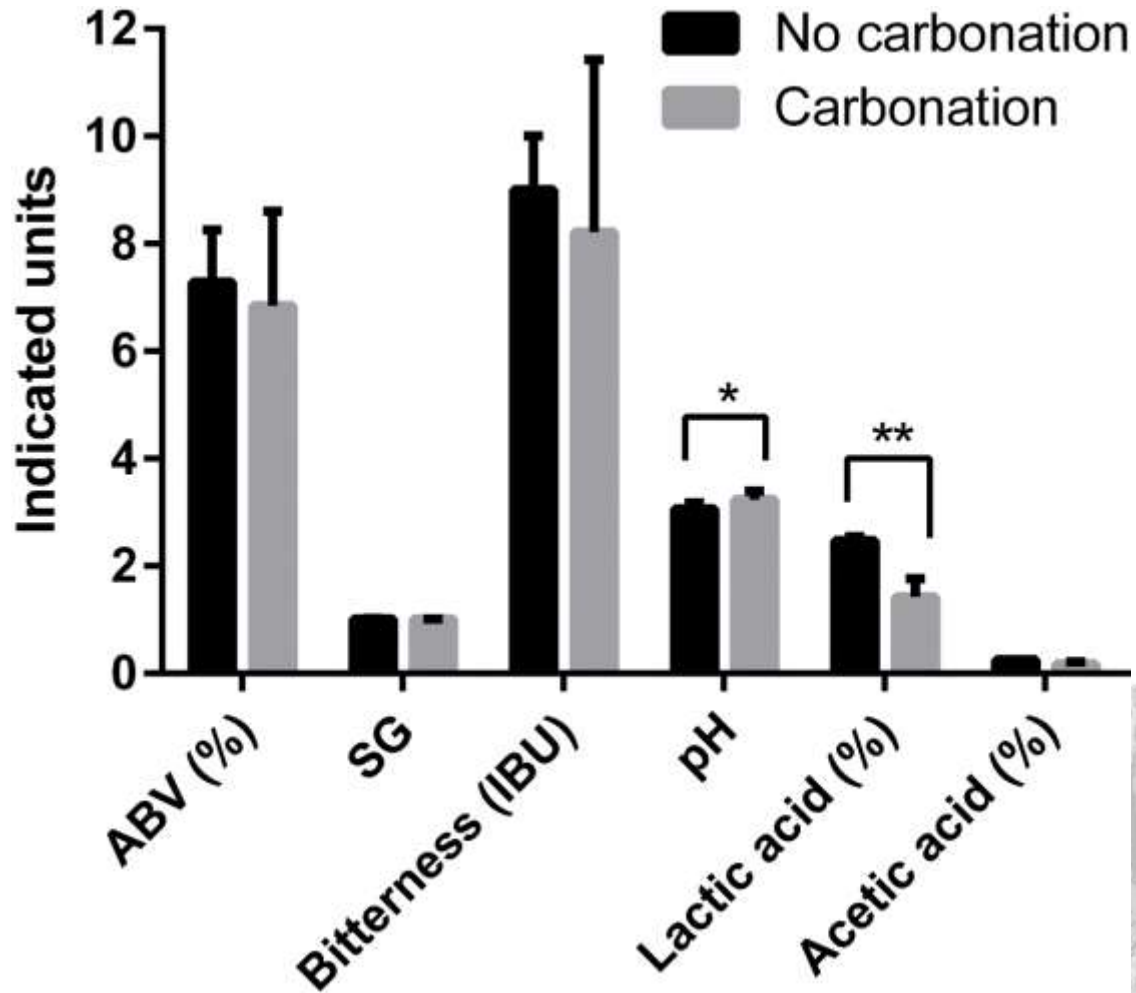
## Comparison of carbonated vs. uncarbonated sours

| Beer               | ABV (% at 20°C)            | Bitterness (IBU)      | pH                         | Total acidity (% lactic acid) | Volatile acidity (% acetic acid) |
|--------------------|----------------------------|-----------------------|----------------------------|-------------------------------|----------------------------------|
| Blueberry Lambic 1 | 6.52                       | 8.0                   | 2.95                       | 2.54                          | N.D.                             |
| Blueberry Lambic 2 | 6.97                       | 9.0                   | 3.08                       | 2.38                          | N.D.                             |
| Cauldron           | 8.37                       | 10.0                  | 3.17                       | 2.50                          | 0.25                             |
| Carbonated sours   | <b>6.84</b><br>(4.81-9.78) | <b>8.22</b><br>(5-13) | <b>3.23</b><br>(3.02-3.47) | <b>1.43</b><br>(0.99-1.63)    | <b>0.17</b><br>(0.15-0.21)       |

**Average (Range)**



# Failure to bottle condition correlated with low pH



\*  $p < 0.05$ ; \*\*  $p < 0.01$



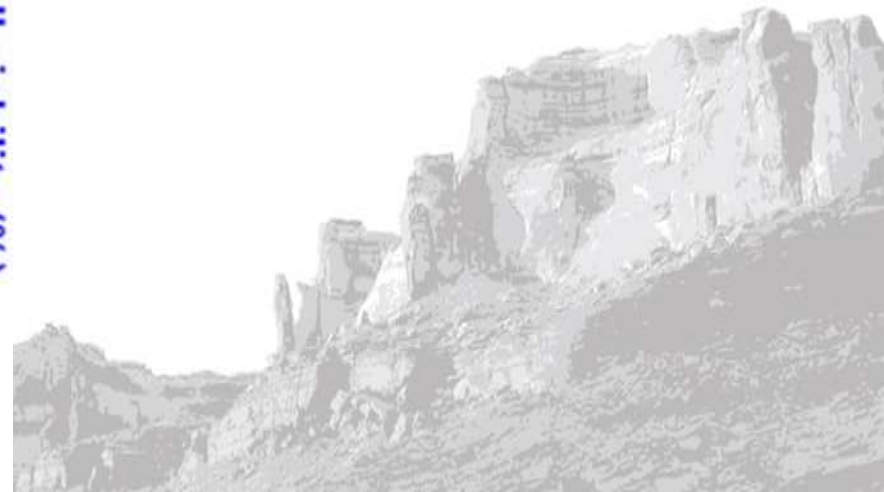
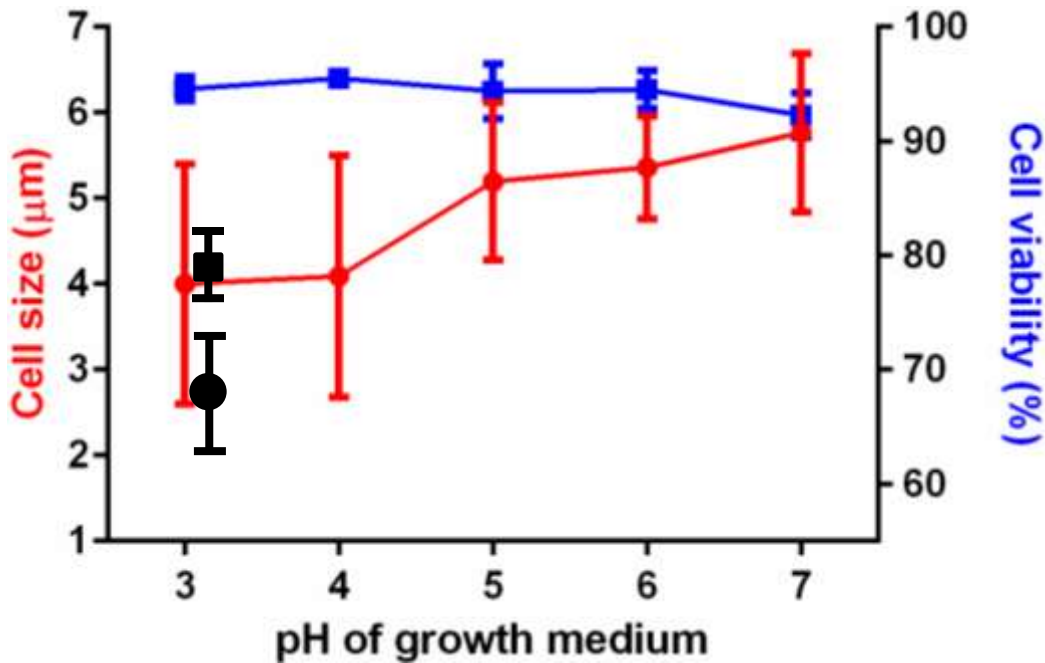
# The yeast did not die during bottle conditioning

| Growth medium | pH  | Cell size ( $\mu\text{m}$ ) | Viability (%)   |
|---------------|-----|-----------------------------|-----------------|
| Water         | 7.2 | $2.68 \pm 0.68$             | $68.8 \pm 10.4$ |

Cell size decreases with decreasing pH

Viability is stable

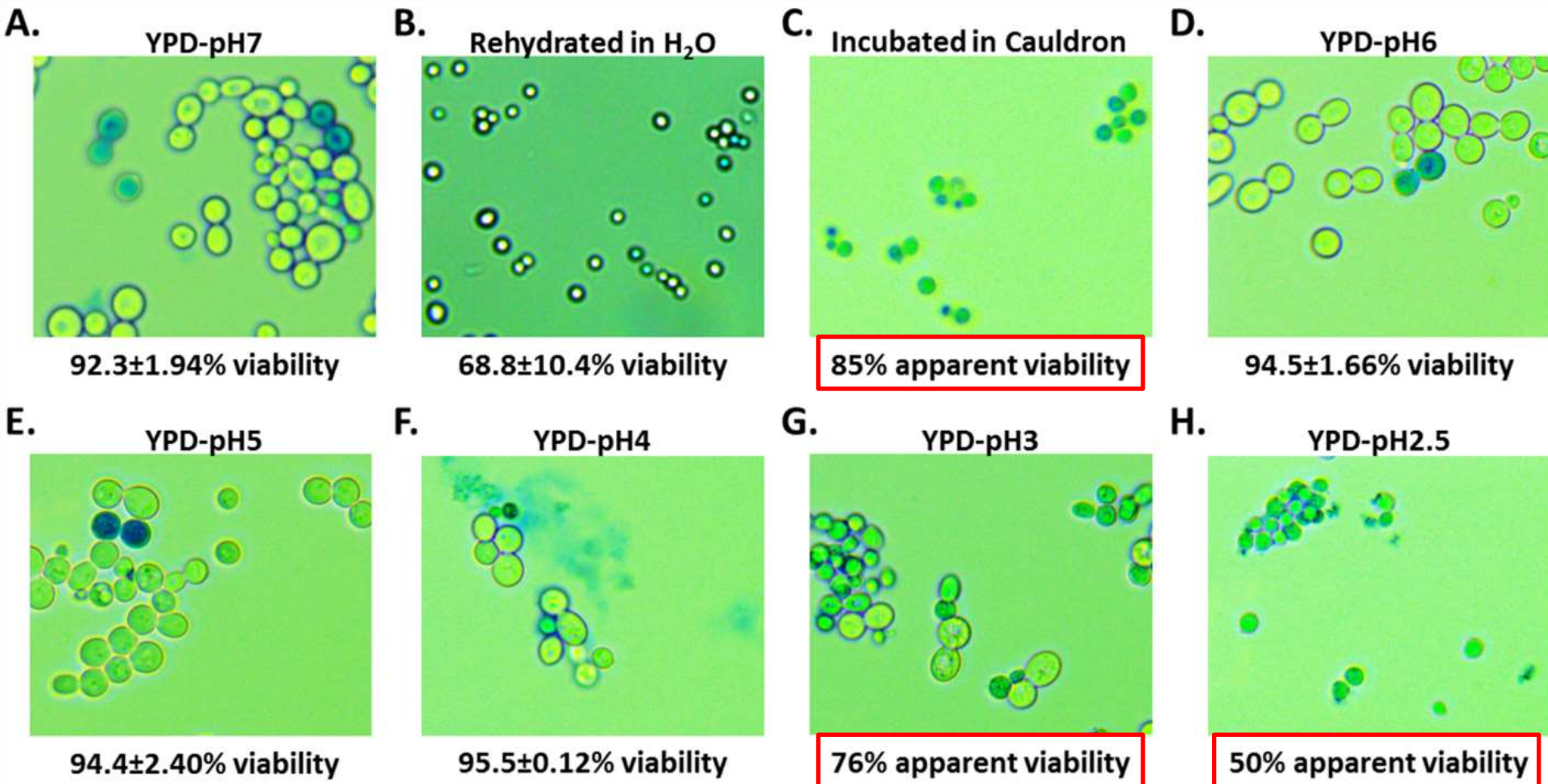
Cauldron is an outlier...





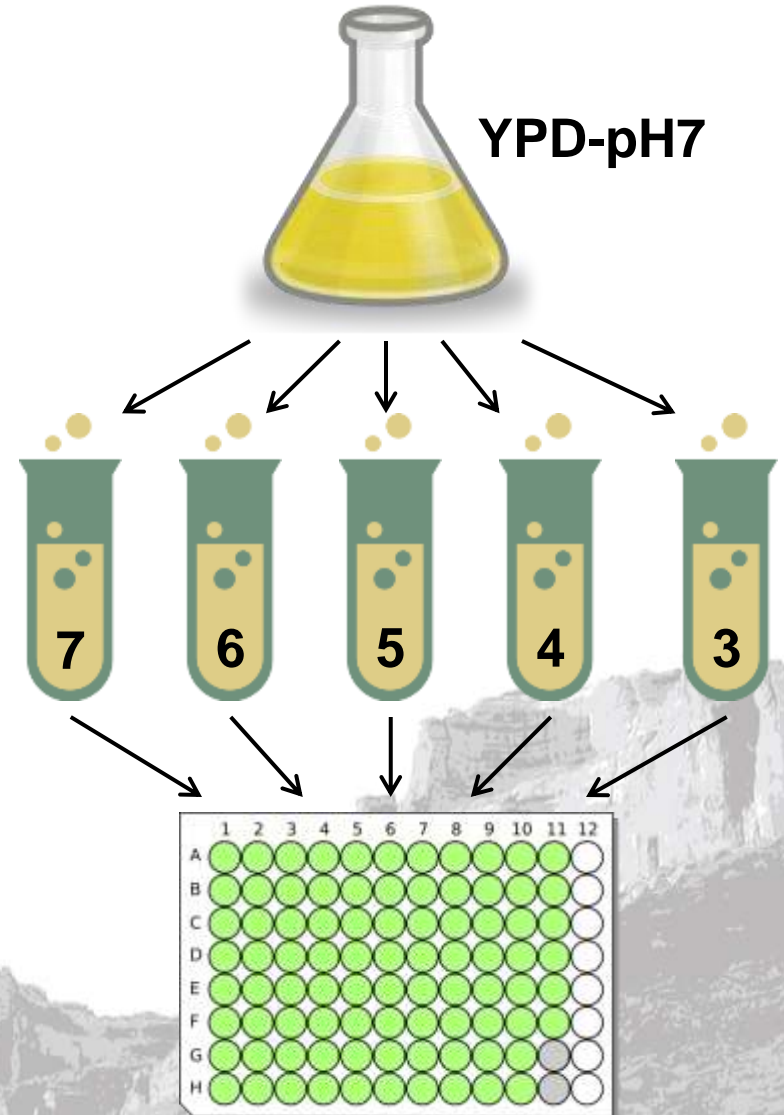
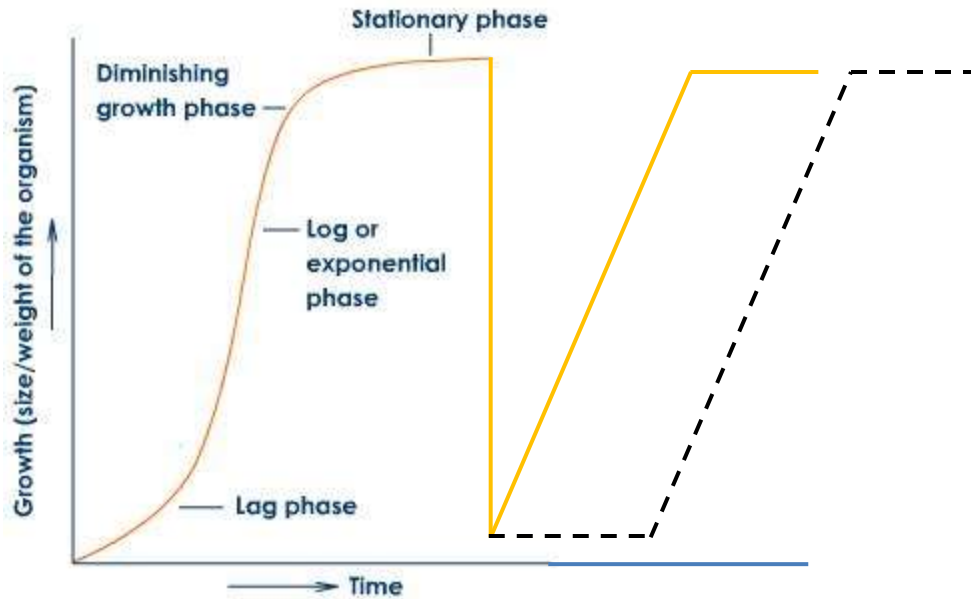


# Methylene blue staining is unreliable at low pH



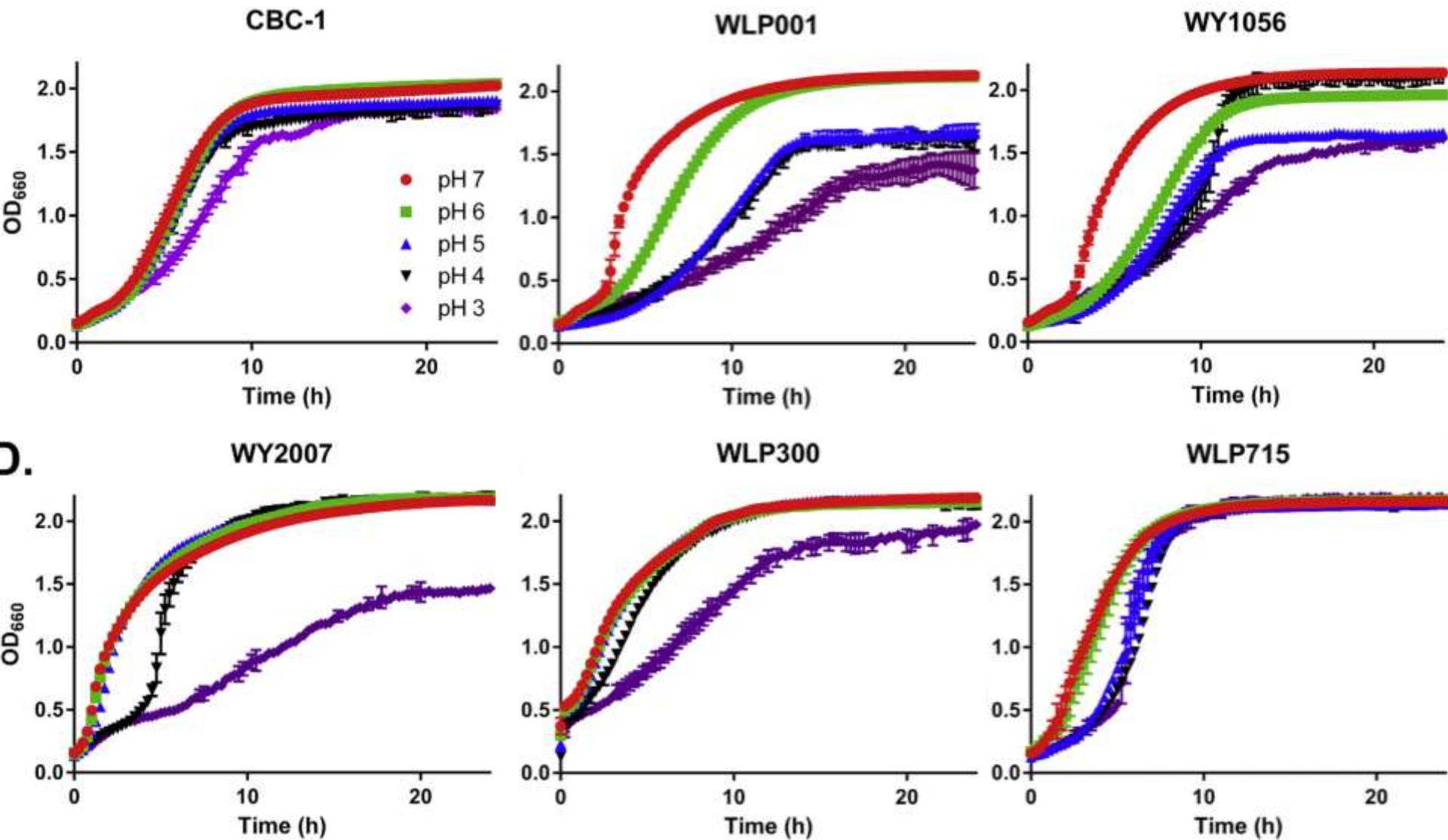


# Does the high [lactic acid] in Cauldron terminally shock CBC-1 cells?





# Lactic acid differentially affects brewing strains

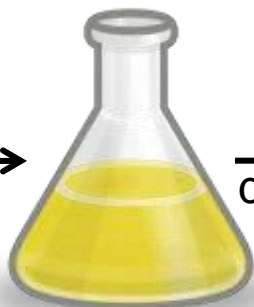




# Does recovery in rich medium fix the problem?



Rehydrate  
in H<sub>2</sub>O



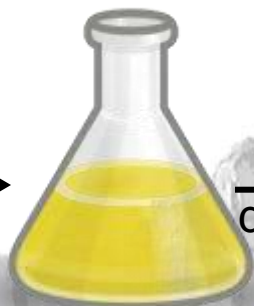
Recirculate with  
dextrose in Cauldron



Rehydrate in  
rich medium



Grow in rich  
medium



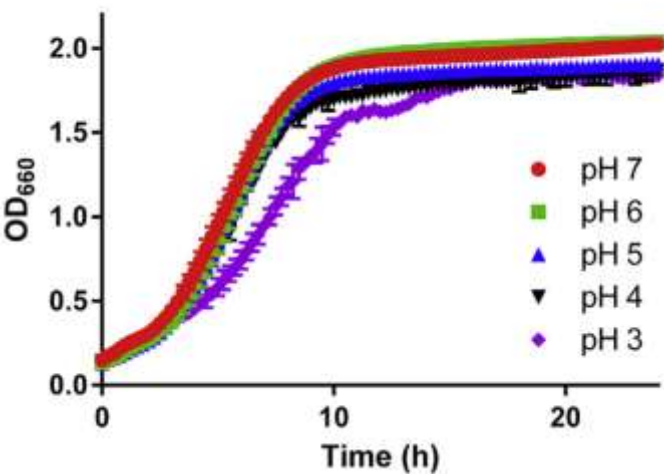
Recirculate with  
dextrose in Cauldron





# Does recovery in rich medium fix the problem?

CBC-1



CBC-1

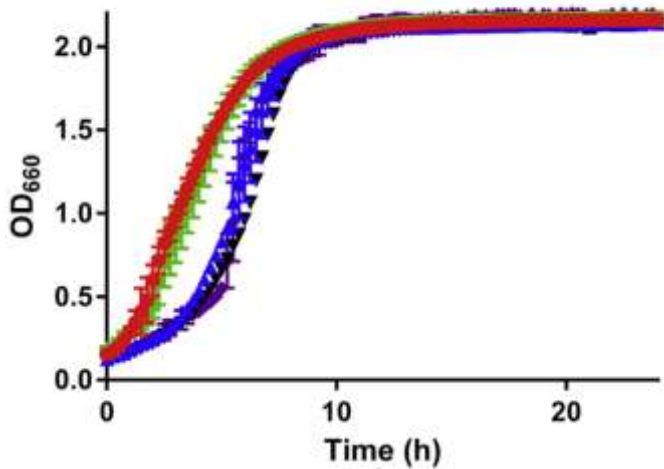
Uncarbonated



WLP-715

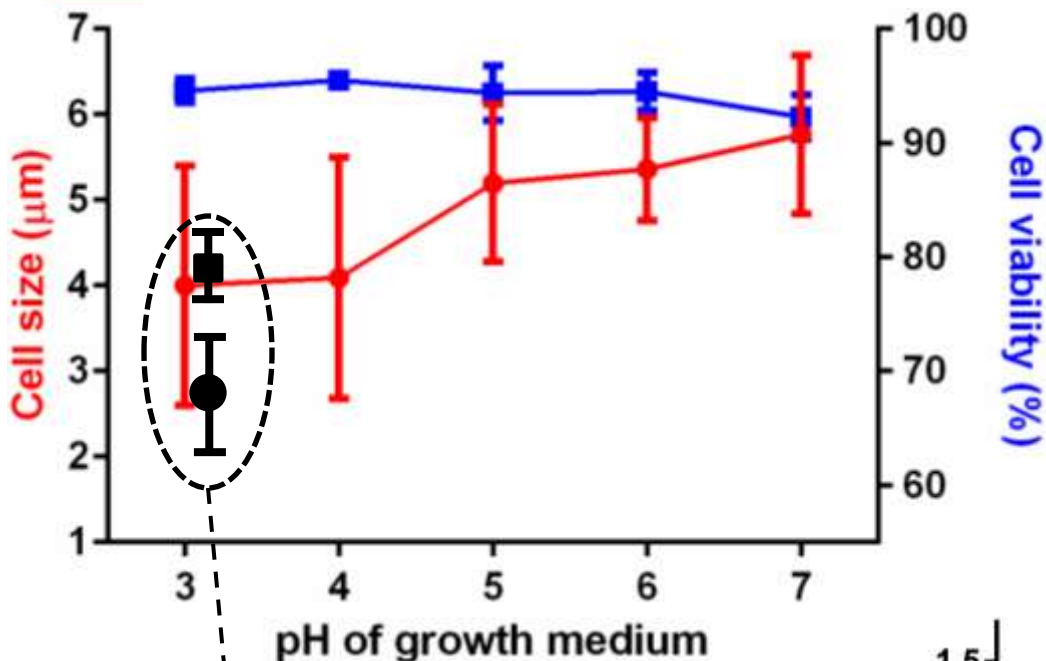
Uncarbonated

WLP715

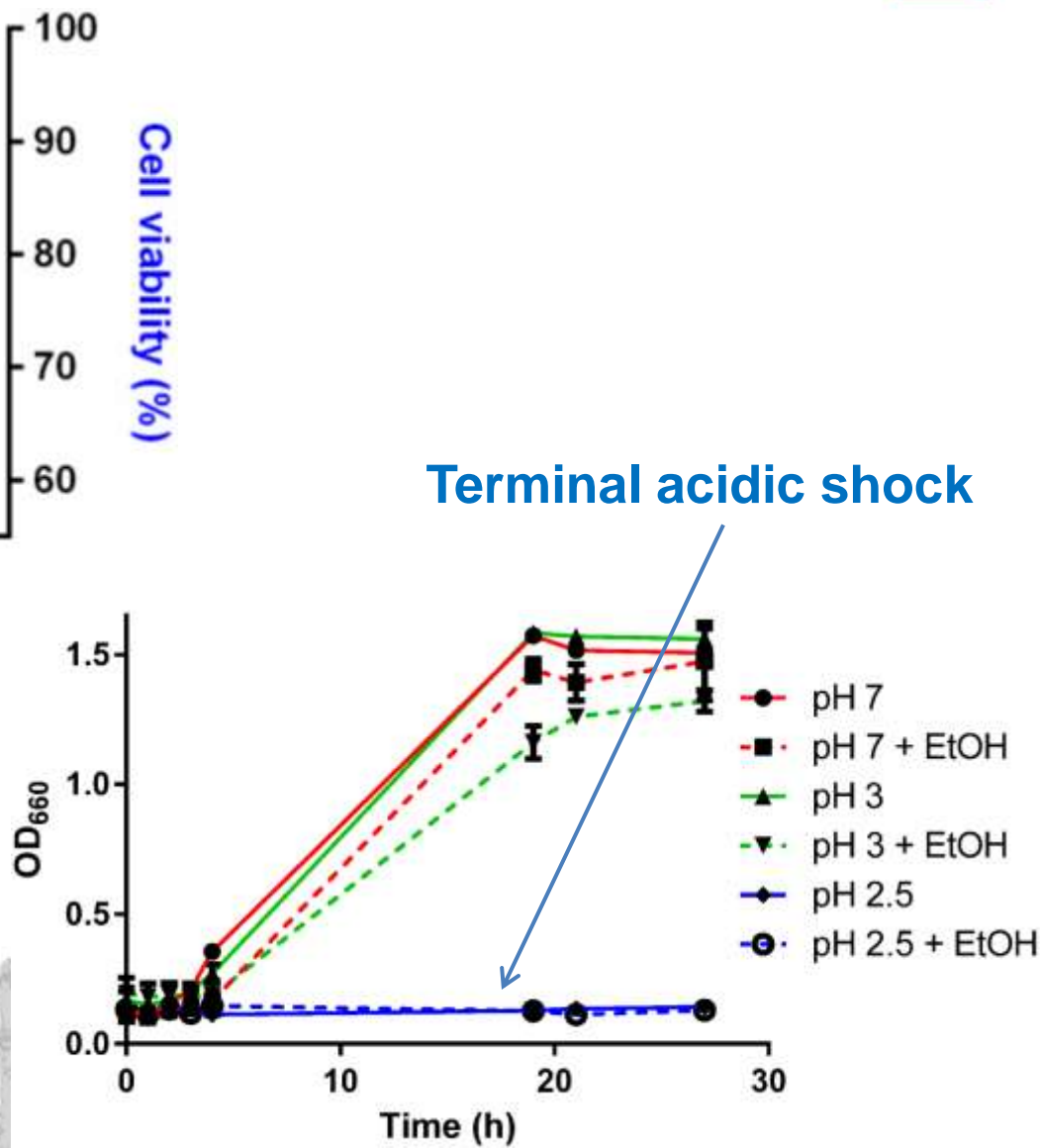




# Can we better recapitulate Cauldron in the lab?

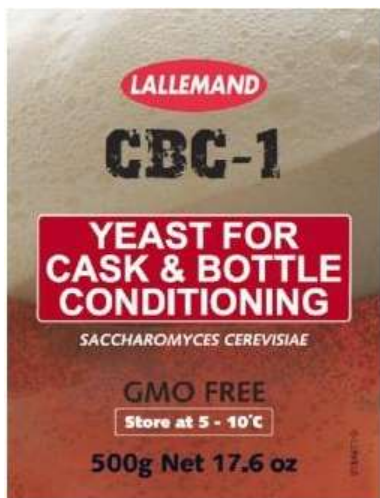


We're not mimicking  
Cauldron well enough





# Can we pH-adapt yeast to carbonate Cauldron?



Rehydrate in  
rich medium →



Grow to  
saturation in: →

YPD-pH7  
YPD-pH7 + EtOH

YPD-pH3  
YPD-pH3 + EtOH

1:1 YPD + Cauldron





# pH adaptation overcomes terminal acidic shock



**CBC-1**

Uncarbonated



**WLP-715**

Uncarbonated

YPD-pH7  
YPD-pH7 + EtOH

**1:1 YPD + Cauldron (2 weeks)**

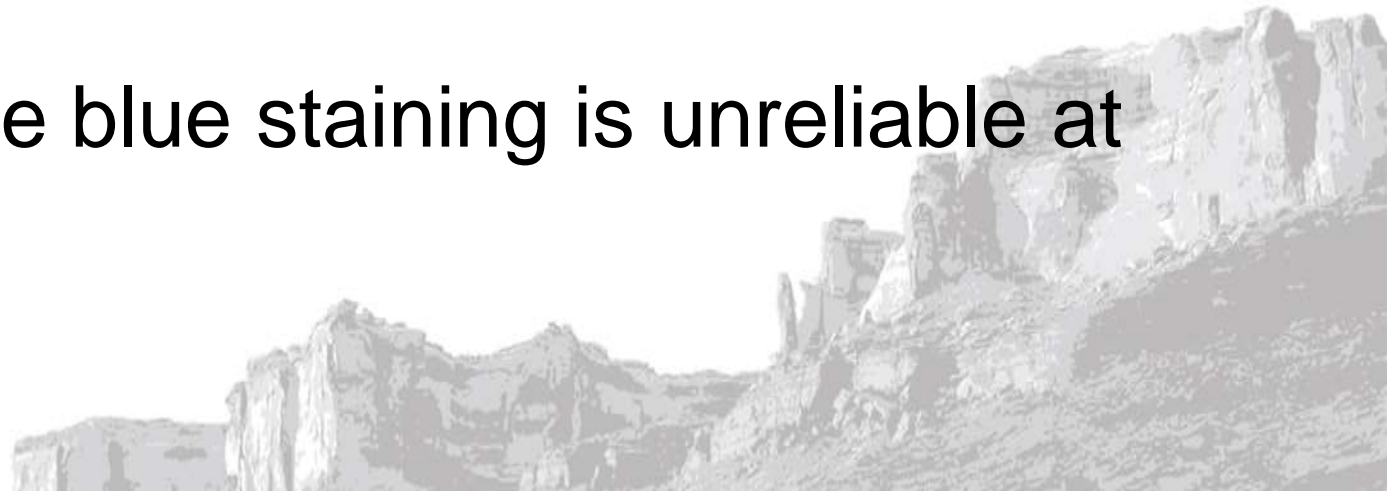
**YPD-pH3 (4 weeks)**  
**YPD-pH3 + EtOH (4 weeks)**





# Take home messages:

- Pre-adapt your yeast to the conditions they'll face for best fermentation efficiency
  - There are stressors other than pH
- Dry yeast should be used with caution for “extreme” beers
- Methylene blue staining is unreliable at low pH





# Acknowledgments

## Bochman Lab

Cody Rogers

Devon Veatch

Kara Osburn



## Upland Brewing Co

Adam Covey (Quality Manager)

Caleb Staton (Director of Sour Operations)



## Funding:

